

# MY KRONOZ

SMARTWATCH DESIGNED IN SWITZERLAND



# ZeSport<sup>2</sup>

- USER GUIDE -

# TABLE OF CONTENTS

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## **GET STARTED**

- 1. Product overview 03
- 2. Charging 04
- 3. Basic touchscreen operations 05
- 4. Shortcuts 06

## **PAIRING**

- 5. System requirements 07
- 6. Set up 08
- 7. Firmware update 09

## **ACTIVITY TRACKING & SPORT MODES**

- 8. Sport modes 10
- 9. Sensors 12
- 10. Heart rate 13
- 11. Activity tracking 14
- 12. Sleep monitoring 16
- 13. Stopwatch 16
- 14. Timer 17

## **CONNECTED FEATURES**

- 15. Notifications 17
- 16. SMS 19
- 17. Incoming calls 19
- 18. Reminder 20
- 19. Weather forecast 21
- 20. Camera remote 22
- 21. Music control 22
- 22. Find my phone 23
- 23. Anti-lost alert 23

## **CLOCK**

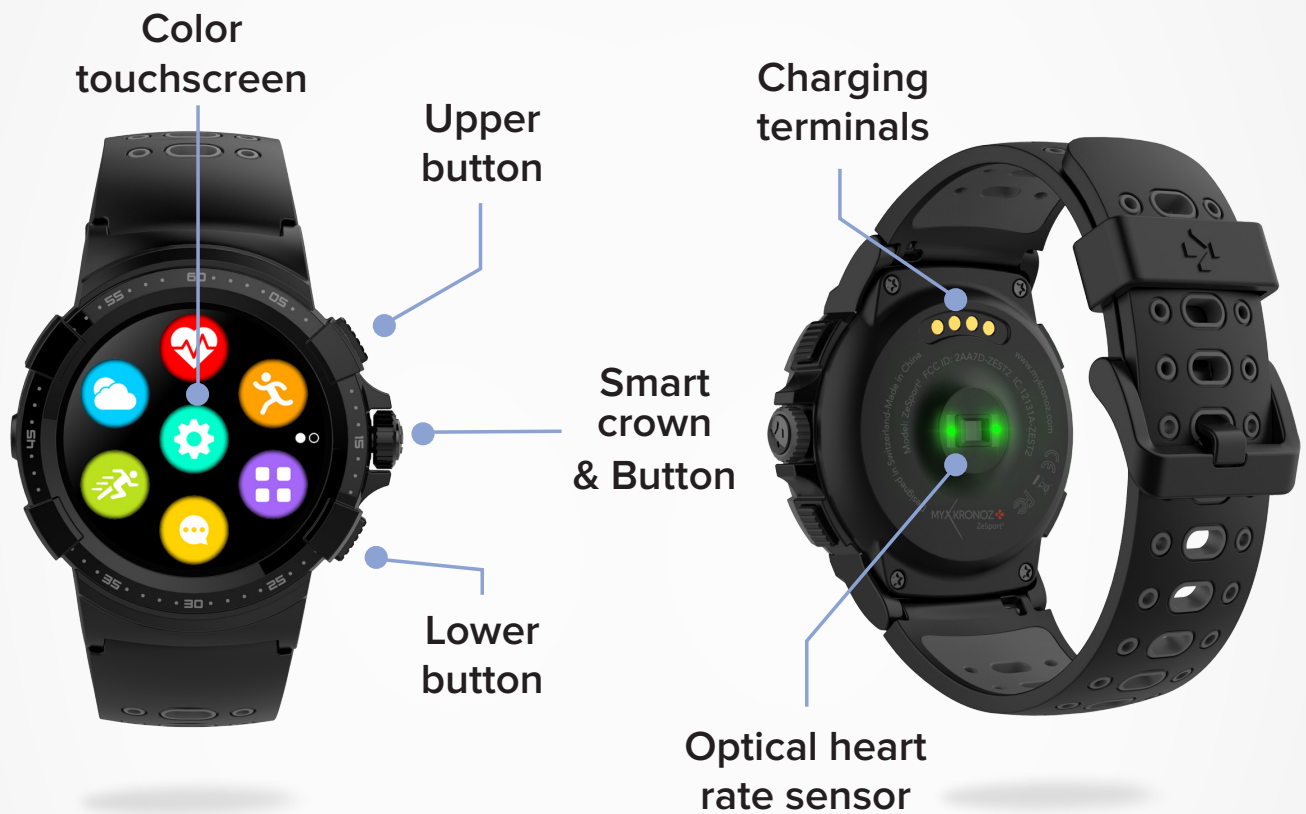
- 24. Customize your watch face 24
- 25. Menu style 25
- 26. Alarm 25
- 27. Settings 26

## **MAINTENANCE**

- 28. Product care 27
- 29. Replace the watchband 27
- 30. Tech specs 28

Warnings / Safety Instructions / Regulatory Notice 29

# 1. PRODUCT OVERVIEW



## I UPPER BUTTON

- Press to light up the screen.
- Return to home page from any screens.
- Press to access Sport modes.
- Press & hold to power ON/OFF.

## I LOWER BUTTON

- Press to light up the screen.
- Go one step back in the menu structure.
- Put the device in standby mode.

## I SMART CROWN

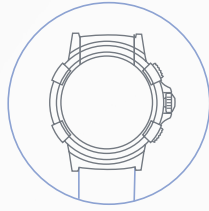
- Turn the crown to navigate through the main menu.
- Press the crown to validate.
- Turn the crown to adjust some settings (alarm, timer, reminder,...).



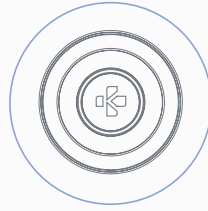
To get the most accurate data we recommend wearing ZeSport<sup>2</sup> on your non dominant hand and not too loose. Take ZeSport<sup>2</sup> outside to an open area and stand still for a while to acquire a GPS signal.

## 2. CHARGING

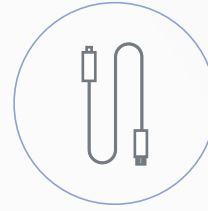
We recommend you to initially charge your ZeSport<sup>2</sup> for about 90 minutes before using it for the first time.



**ZESPORT<sup>2</sup>**



**CHARGER**

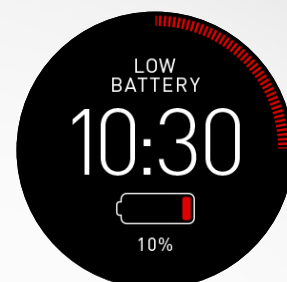


**CABLE**

1. Position the back of your ZeSport<sup>2</sup> on the charging dock.
2. Plug the USB cable into the charger.
3. Plug the large end of the USB cable into a USB power source.
4. A battery indicator will fill in to indicate charging is in progress and turn to solid green when it's fully charged.
5. Unplug the cable after ZeSport<sup>2</sup> is charged.  
A fully charged ZeSport<sup>2</sup> has an autonomy of 4 days. Note that battery life and charging cycles may vary depending on usage, settings and connected functions enabled.



When the battery level gets low, a low battery indicator will appear on the watch screen.



# 3. BASIC TOUCHSCREEN OPERATIONS

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Watchface



**SWIPE LEFT** from the Watchface



**SWIPE RIGHT** from the Watchface



Main menu



Activity data  
and other features



**SWIPE UP** from the Watchface



1. Shortcuts



2. Weather



3. Calendar



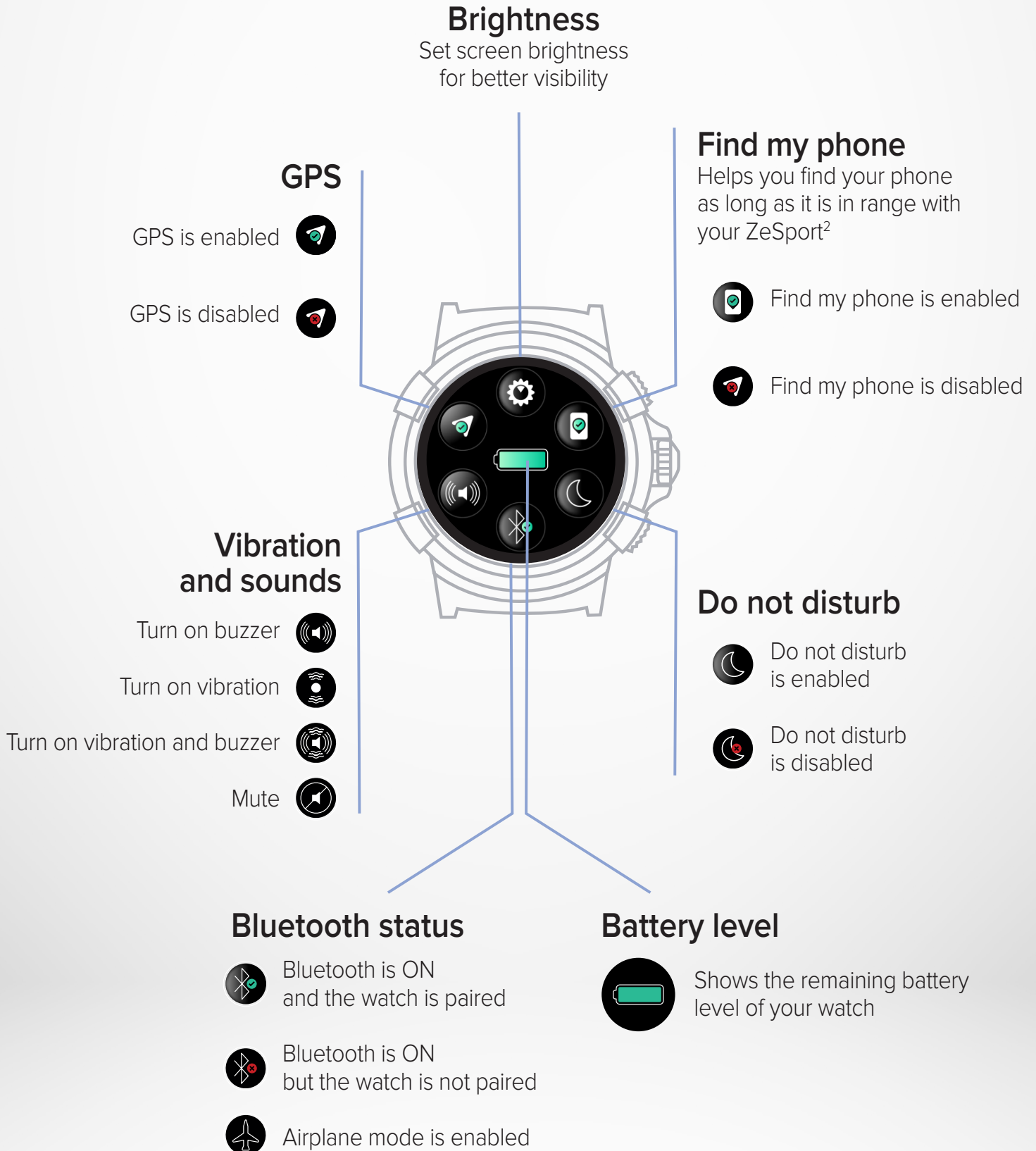
**SWIPE DOWN** from the Watchface



Notifications

## 4. SHORTCUTS

Swipe down from the main watch face to access ZeSport<sup>2</sup> shortcuts



## 5. SYSTEM REQUIREMENTS

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It is required to install ZeSport<sup>2</sup> mobile app on your smartphone to properly set up and use your watch.



– iOS –

**iOS 8+ devices with Bluetooth 4.0 BLE**

iPhone 4s, 5, 5c, 5s, 6, 6s, 6s plus, 7, 7 plus, 8, 8 plus, X, Xr, Xs & Xs Max



– ANDROID –

**Selected Android 5.0+ devices that support  
Bluetooth 4.0 BLE**

Visit [www.mykronoz.com](http://www.mykronoz.com) to get the latest compatibility list.



ZeSport<sup>2</sup> will sync the notifications of SMS, emails, social media, calendar events, and personal life reminders once the ZeSport<sup>2</sup> app has been successfully installed on your smartphone.

## 6. SET UP

When turning on your ZeSport<sup>2</sup> for the first time, you'll be prompted to download the ZeSport<sup>2</sup> mobile app on your smartphone in order to proceed to its initial set up.



### HOW TO SET UP YOUR ZESPORT<sup>2</sup> :

- Ensure that Bluetooth is enabled on your smartphone.
- Download the ZeSport<sup>2</sup> mobile app from the App store or the Google play store.
- Open the ZeSport<sup>2</sup> mobile app on your smartphone, sign up if you are a new member or log in with your existing account. After entering your personal information, follow the on-screen instructions.
- Scan the QR code displays on your watch to pair your device with your smartphone.
- When ZeSport<sup>2</sup> is successfully paired, you will be notified on both devices.
- When you're done pairing, read through the user guide to learn more about your ZeSport<sup>2</sup>.



If you want or encounter any issues while pairing your watch through the QR code pairing mode, you can set up ZeSport<sup>2</sup> using the alternative mode.

1. Click on Alternative Pairing Mode
2. Continue following the on-screen instructions to pair ZeSport<sup>2</sup> to your phone.



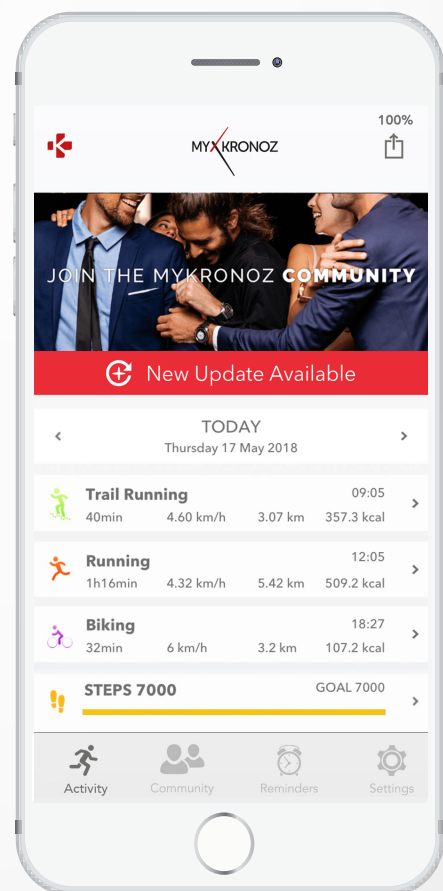
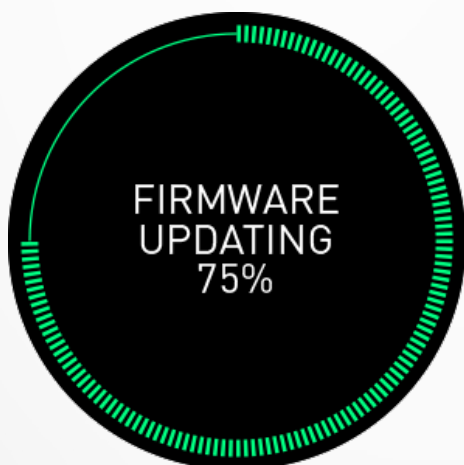
## 7. FIRMWARE UPDATE



MyKronoz will provide regular firmware updates which you will need to install in order to access our latest upgrades and features for your watch. With ZeSport<sup>2</sup>, all these updates need to be done by OTA (Over The Air) and through the mobile app. Before updating, make sure your phone and your watch have more than 30% battery.

When a new update is available you'll see a notification in the ZeSport<sup>2</sup> app prompting you to update.

After starting the update, a progress bar appears on ZeSport<sup>2</sup> in the ZeSport<sup>2</sup> app until the update is fully complete.



### IN ORDER TO UPDATE YOUR WATCH:

- Connect your ZeSport<sup>2</sup> to the mobile app.
- If a new update is available you will be prompted from the home screen.
- You must accept it in order to start the updating process.



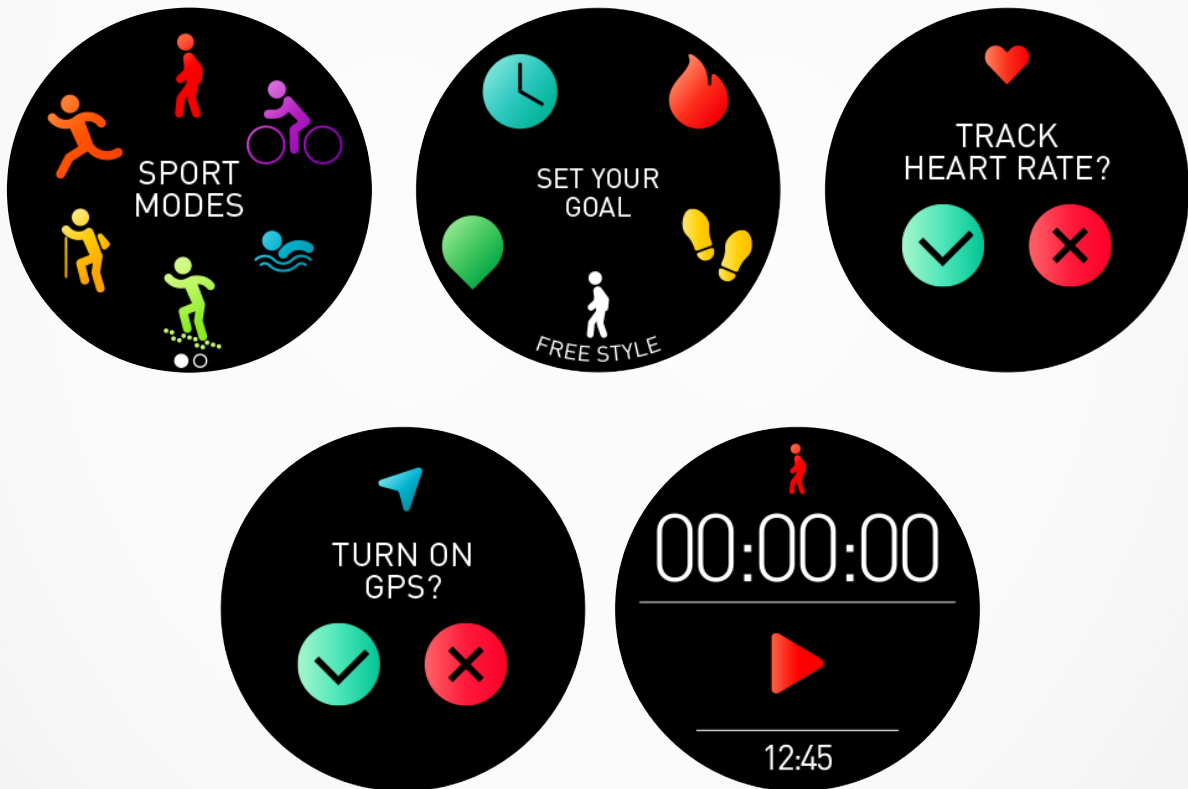
During all the update process you must keep your watch near your smartphone and your application must be open. Avoid using your phone during the update process.

## 8. SPORT MODES



### I START AN ACTIVITY

Your ZeSport<sup>2</sup> can be used for indoor, outdoor and fitness activities. When you start an activity, you will be prompted to activate GPS and heart rate monitoring depending on the activity you select. When you stop an activity, your watch returns to normal mode.



- Press the upper button from the home page to enter the Sport modes or access it through your watch menu.
- Select an activity among the available activities (walking, cycling, swimming, trail running, indoor running, outdoor running & hiking).
- Follow the on-screen instructions and enter additional information if necessary.
- If your activity requires GPS, make sure to go outside and wait a few seconds/minutes until the watch acquires satellite signals.
- Press Play to start the activity.

The watch does not track your activity data until the timer start.



For greater accuracy, make sure to wear ZeSport<sup>2</sup> on your non-dominant hand.

## I PAUSE/STOP/SAVE AN ACTIVITY

### TO PAUSE AN ACTIVITY:

- From the Sport interface, tap the screen or press the lower button.
- Tap on Pause.
- Press on pause to resume exercising or press on the stop icon to save or delete your activity.

### TO SAVE AN ACTIVITY:

- From the Sport interface, tap the screen or press the lower button.
- Tap on Stop.
- Select Save.

### TO DISCARD AN ACTIVITY:

- From the Sport interface, tap the screen or press the lower button.
- Tap on Stop.
- Select Discard.

### VIEW YOUR HISTORY:

To view your recorded workout session:

- Access the Sport menu.
- Swipe left.
- Select one of the stored activities on the list.

You can also view additional details by using the ZeSport<sup>2</sup> Mobile App:

- Go to the Access to the Daily activity page.
- Select an activity.

Your ZeSport<sup>2</sup> saves all your sports activities data such as overall steps, distance, pace, calories burned, elevation and so on. All your sports activities are organized by day in your mobile app.

### DELETE AN ACTIVITY:

To erase a stored activity:

- From the watch history activity menu, select and long press a stored activity.
- Click on the Delete icon.

## I INDOOR ACTIVITIES

The ZeSport<sup>2</sup> can be used for indoor sports activities, such as indoor running, swimming or stationary cycling. In this case, GPS is automatically disabled. When you walk or run with GPS off, speed, distance and other activity data are calculated using the 6-axis accelerometer built into the device.

TIP: For indoor cycling speed and distance positioning your hands on the handrails of the treadmill significantly reduces the data accuracy, speed and distance are not available.

## I OUTDOOR ACTIVITIES

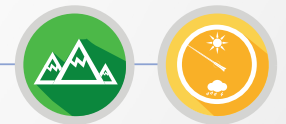
For outdoor activities such as running, trail running or cycling, GPS is turned on. Make sure that your device has access to satellite signals when you enable GPS for the first time.

## I SWIMMING

The ZeSport<sup>2</sup> is intended for surface swimming (no deeper than 5m). Before starting an indoor swimming activity, make sure to select your pool length.

Note: ZeSport<sup>2</sup> is not a diving watch and would void the warranty. Heart rate monitoring is not available for swimming activities.

# 9. SENSORS



## I ALTIMETER & BAROMETER

Thanks to its altimeter and barometer, the ZeSport<sup>2</sup> continuously collects altitude and pressure data to provide you with accurate environmental information during your outdoor activities.

The altimeter displays your approximate altitude based on pressure changes.

The barometer displays environmental pressure data based on the fixed altitude at which the altimeter was most recently calibrated.

## I 9 AXIS MOTION SENSORS

ZeSport<sup>2</sup> features an integrated:

- 3-axis gyroscope.
- 3-axis accelerometer.
- 3-axis magnetometer.

# 10. HEART RATE



## I WEAR THE DEVICE

- Make sure to wear your device above your wrist bone.
- To track your pulse, go to the HR menu of your ZeSport<sup>2</sup>. Tap on the Heart icon.

Note: In order to obtain relevant and accurate data, please attach your watch securely around your wrist without overtightening the strap.

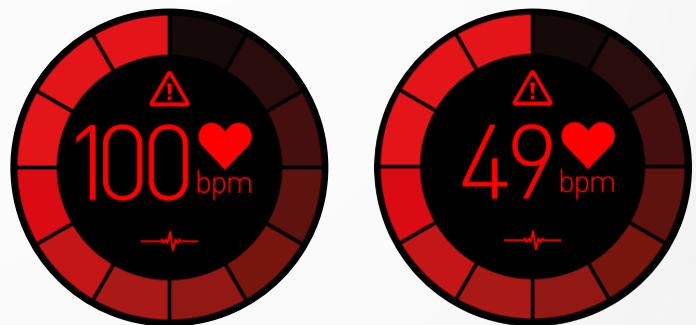
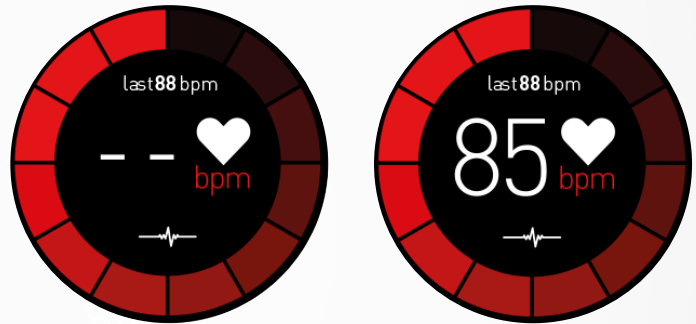
Your watch should not move on your wrist, when running or exercising.

## I TRACK YOUR PULSE

### TO MEASURE YOUR HEART RATE:

- Securely attach your ZeSport<sup>2</sup> around your wrist.
- Go to the heart rate menu of your watch.
- Touch the screen or press the crown to start measuring your heart rate.

It will take about 10 seconds to get the results displayed on your watch screen. It is possible to set automated measurements from the mobile app. Simply enable this function in the setting menu of the app and decide on the frequency between each measurement.



### TO SET YOUR HEART RATE ALERT:

ZeSport<sup>2</sup> can also alert you when your heart rate is going above or below preset limits. You can customize those limits in the device Settings > Activity > Heart rate > Max HR/Min HR/Auto tracking.

ZeSport<sup>2</sup> can also alert you when your heart rate is going above or below preset limits. You can customize those limits in the mobile app settings.

## I HR TIPS

If your heart rate data does not seem to be reliable or is not visible, please follow these steps:

- Clean your arm before putting your device on.
- Avoid applying cream or lotions on the area where you are wearing your device.
- Wear the watch around the wrist, just above the bone. Tighten the watch to your wrist.
- While exercising, wear a silicone band.



Warning: setting automatic HR on a very regular basis will impact the battery life.

# 11. ACTIVITY TRACKING

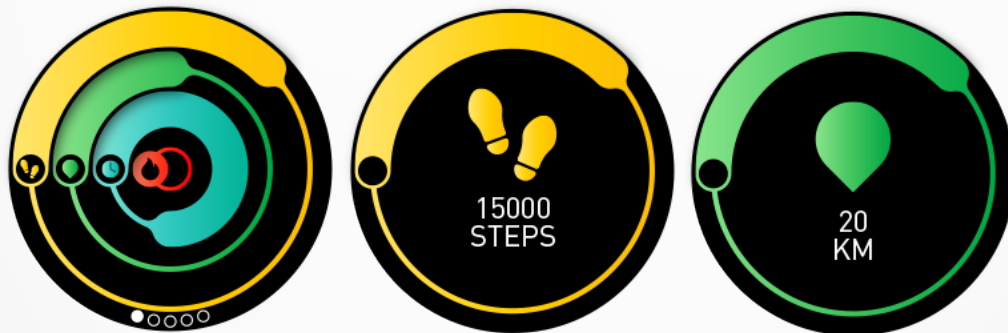


## I DEFINE YOUR PROFILE

Make sure to edit and update your gender, birthday, weight and height. The ZeSport<sup>2</sup> relies on this information to evaluate and calculate your activity data accuracy.

## I ACTIVITY TRACKING

The activity tracking feature tracks your daily activity, daily step counts, distance traveled, active minutes and calories burned. Your watch has a built-in 6-axis accelerometer that allows you to track your daily activity based on your movements. This, together with your profile information, allows your watch to calculate your steps, walking distance, minutes of activity and calories burned. In order to get the most accurate results we recommend you to wear your watch on your left wrist if you're right handed and on your right one if you are left handed.



Overall activity

Steps

Distance



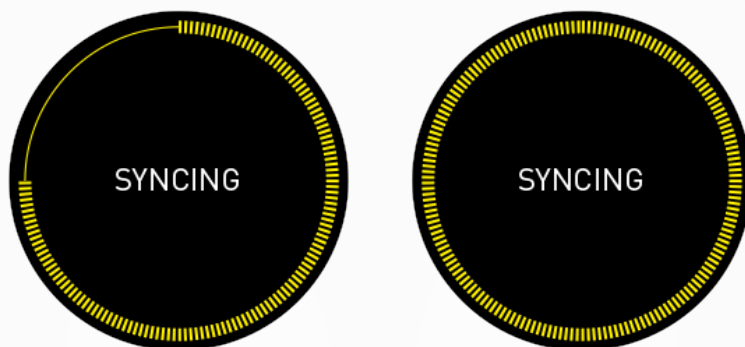
Active minutes

Calories

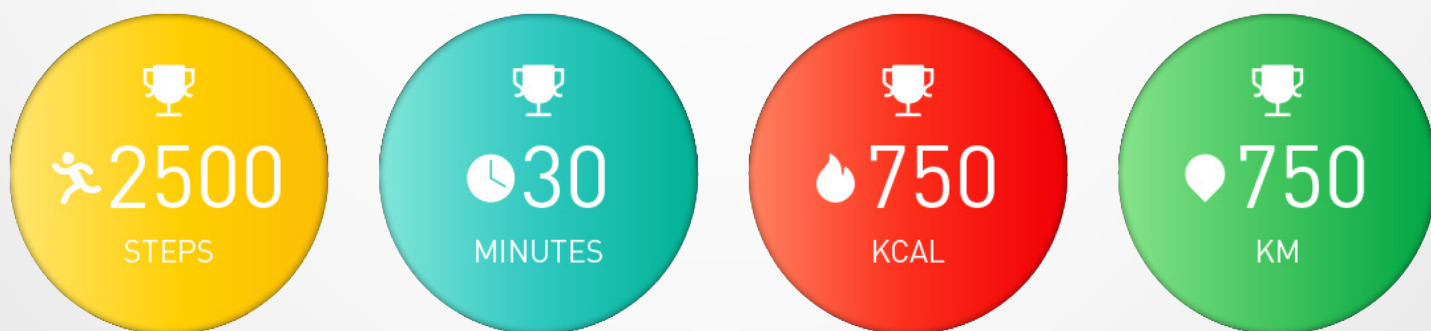
The number of steps taken, the distance covered and other activity data are visible on most watch dials. You can find your data in real time in the activity menu of your watch. To access this menu, from the main screen, slide your finger up. Slide your finger to the left to view each step, distance, active minutes and calories burned.

## I SYNC YOUR DAILY ACTIVITY

We recommend syncing regularly (once a day) your data to your dashboard to track your daily progress, see sports history and visualize your sleep patterns. To synchronize your data manually, simply go to the activity page of the ZeSport<sup>2</sup> application and slide your finger down. Each time you open the ZeSport<sup>2</sup>, your watch syncs automatically when it's nearby.



**TIPS:** A goal alert appears for your daily steps goal, distance traveled goal, calories burned goal and active minutes goal. This alert appears on your watch and also in the App. The activity tracker resets at midnight and ZeSport<sup>2</sup> has the ability to store up to 10 days of your activity data. Then, you will have to synchronize your ZeSport<sup>2</sup> with your mobile app in order to avoid a loss of data.



## I SET UP YOUR DAILY ACTIVITY GOAL

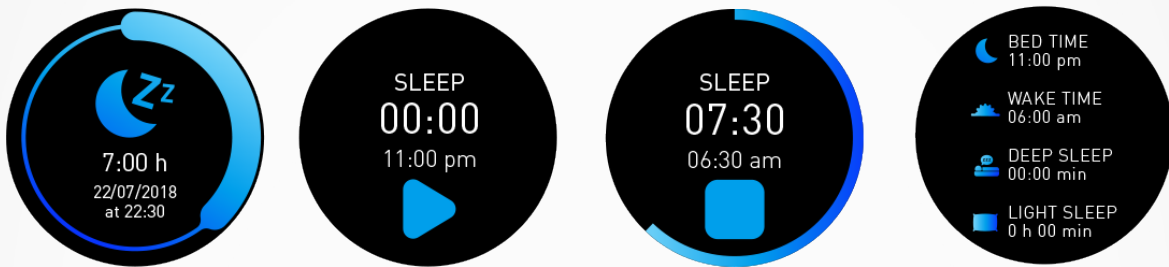
You can set your daily goals from the mobile app or in the activity section of the watch **Settings > Activity > Goals**.

We recommend you set ambitious but realistic goals in order to keep a healthy daily activity. You can obviously raise your goals over time to increase your performance. On average it is recommended to have at least 30 minutes of physical activity per day and walk 10000 steps.

## 12. SLEEP MONITORING



ZeSport<sup>2</sup> can detect your micro-movements during your sleep and deduce the quality of sleep, the time taken to fall asleep, how many times you woke up in the night, the hours of light sleep and deep sleep, etc.



You can find all data related to your sleep on the **ZeSport<sup>2</sup> App**. Go to the **Dashboard home page** and click on the **Sleep** band. You can also view data from your last night on your ZeSport<sup>2</sup>. Go to the **Sleep menu** of your device.

### Start and stop the sleep mode:

- Press the sleep app icon from the ZeSport<sup>2</sup> main menu.
- Press Start to enable sleep monitoring.
- Press End to stop sleep monitoring.

To view your sleep data, sync your watch when you wake up and get more details by checking the dashboard.

## 13. STOPWATCH



### I TO USE THE STOPWATCH



- Open the stopwatch app from the App menu.
- Start the stopwatch by pressing the play icon.
- Track individual lap performance by pressing the orange icon while measuring is on.
- Stop counting by pressing the pause button.

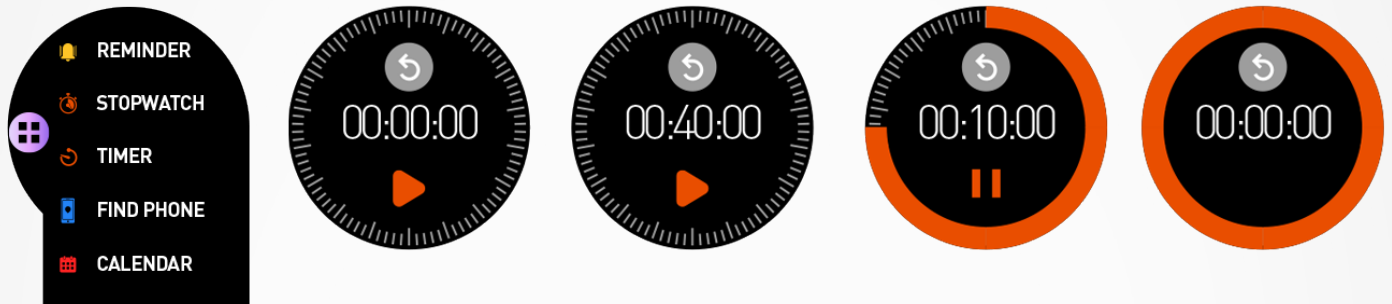
To view the full lap-by-lap report, press the lap counter at the top left of the screen. Make sure to stop the stopwatch first. To delete the report, press the cross.



## 14. TIMER



### I TO USE THE TIMER



- Open the timer app from the App menu.
- Adjust the timer duration by using the digital crown and start the timer by pressing the green icon. Stop it by clicking on the same icon.
- Press the back arrow to reset the timer to 0.
- At the end of the countdown, your watch will alert you with a sound or/and vibration.

## 15. NOTIFICATIONS



Before enabling notifications, make sure that the ZeSport<sup>2</sup> device is well paired with your smartphone.

### I SETTING UP NOTIFICATIONS FOR IOS USERS

If you are using an iOS device, go to the Settings of your iOS device:

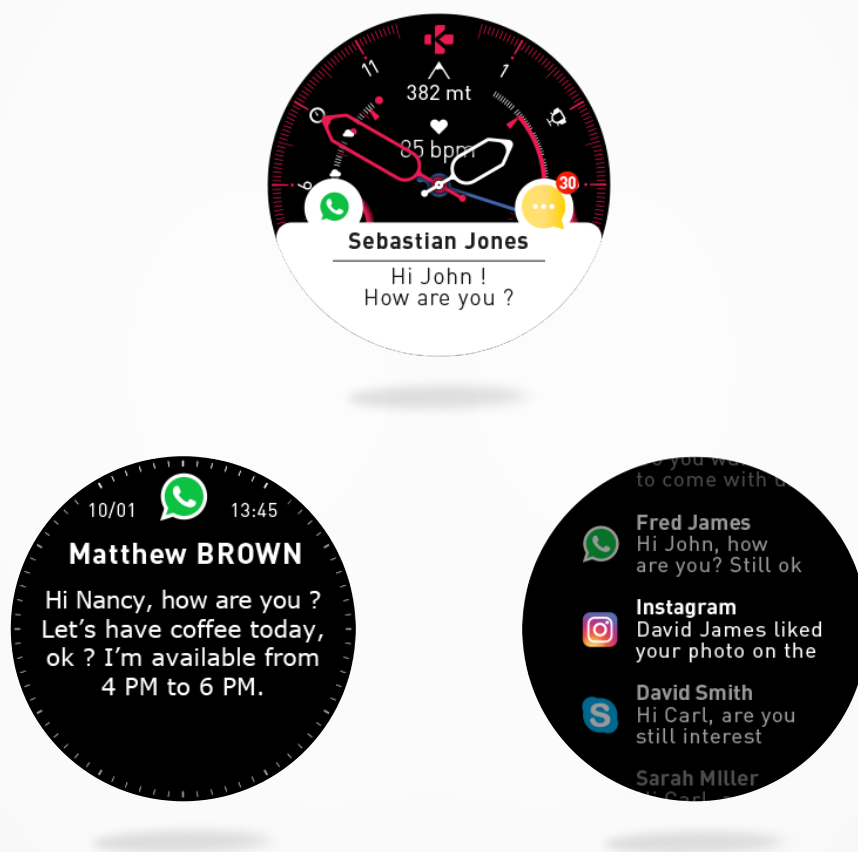
- Tap «**Notification center**».
- Select which type of notifications you wish to receive on ZeSport<sup>2</sup>.
- Enable «**Show in Notification Center**» to receive the notification on ZeSport<sup>2</sup>.

### I SETTING UP NOTIFICATIONS FOR ANDROID USERS

If you are using an Android device, access the ZeSport<sup>2</sup> App settings and click on **Notifications**. Then, select the items to display on the watch.

## I VIEWING AND MANAGING YOUR NOTIFICATIONS

Each notification will appear over your selected watch face with its dedicated icon to identify the item. Some notifications may be identified with a generic icon.



- To read your notifications, from the homescreen, simply tap on the notification area and it will open instantly.
- To read it later, swipe right.
- To delete it, swipe left.
- To access to the notifications list, from the homepage, swipe up. Use the crown or your finger to navigate and click on a notification to open it.
- To delete all your notifications, long press the screen and confirm.
- To delete one notification, select it, swipe left and confirm.



ZeSport<sup>2</sup> can store up to 20 notifications, after which the oldest are replaced as you receive new ones.

## 16. SMS



With ZeSport<sup>2</sup>, you can receive and read your SMS straight from your wrist.



- Quick reply (only available for Android users): ZeSport<sup>2</sup> allows you to reply using preset short answers directly from your watch.
- To delete all your SMS notifications, go to the SMS list and long press the screen.
- To erase a SMS, select the message and slide your finger to the left.

## 17. INCOMING CALLS



If your ZeSport<sup>2</sup> is paired to a phone, it lets you accept or reject incoming calls. To accept a call, tap the green phone on your ZeSport<sup>2</sup>'s screen. Note that you can't talk into the watch, accepting a phone call answers the call on your smartphone. To reject a call, tap the red phone icon. The caller's name always appears on your watch if that person is saved in your contacts list. If not, you see a phone number.



Android users can also reply to an incoming call by sending a short preset text message from their watch (not available for iOS users).

# 18. REMINDER



You can set and manage reminders directly with the ZeSport<sup>2</sup> mobile app. You can create up to 10 reminders and select the type, time and schedule for them. For each reminder, you can decide the type of alert you want to receive (ringtone, vibration or both). A single tap on your ZeSport<sup>2</sup> helps dismiss the reminder. If not dismissed, the same alert will repeat after two minutes.



## TO SET A REMINDER FROM THE WATCH

- Open the App menu.
- Click on Reminder.
- Tap on Add.
- Set up your preferred reminder type.
- Choose the date (repeat) and time of the reminder.
- Select the type of alert.

To confirm your selection/settings, press the crown.

To modify a reminder, tap on it from the reminder list.

To delete a reminder, select and long press a reminder. Confirm the deletion.

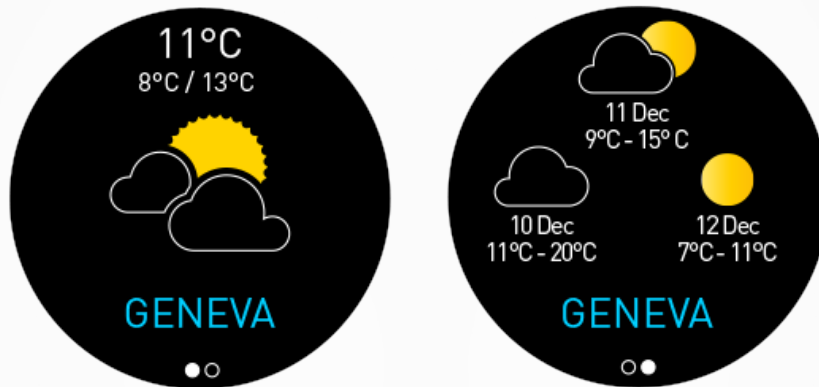
## TO SET A REMINDER FROM THE APP

- Open the ZeSport<sup>2</sup> mobile app.
- Click on the reminder tab.
- Set up your preferred reminder type.
- Choose the date and time of the reminder.
- Select the type of alert.

## 19. WEATHER FORECAST



Your MyKronoz device gives you access to the weather forecast (over 3 days) for your desired location. By default, the watch displays the weather forecast for Geneva.



If you wish to change the location, simply go to the Settings menu of the application > **Select Advanced Settings** > Click on **Weather**.

Manual mode allows you to type your location directly:

- Go to the Settings menu of your App.
- Click on «**Advanced settings**».
- Enable Manual mode.
- Type and select your city.

Auto mode allows you to have the weather forecast according to your GPS location. In this case, you will need to enable GPS on your smartphone to take advantage of this feature.

- Go to the Settings menu of your App.
- Click on «**Advanced settings**».
- Enable Auto mode.

Be aware that data synchronization will be done throughout the day according to your positioning. If the weather for your current location doesn't appear, make sure that you turned on locations services for the ZeSport<sup>2</sup> app.

Good to know: From the weather settings, select your preferred temperature units. The information displayed on your watch can vary according to location, smartphone settings and phone networks.

## 20. CAMERA REMOTE



ZeSport<sup>2</sup> can be used as a remote control to take pictures from your smartphone. This feature is useful when you want to take a group photo or when you want to take a selfie.



### HOW TO USE ZESPORT<sup>2</sup> AS A CAMERA REMOTE

- Open the camera on your smartphone.
- Go into the camera menu of your watch.
- Then, tap the screen to start the countdown and take photos.

All the pictures that you take with your ZeSport<sup>2</sup> are stored in the gallery of your phone.

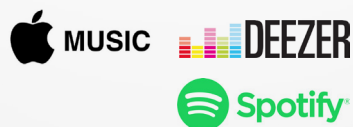
## 21. MUSIC CONTROL



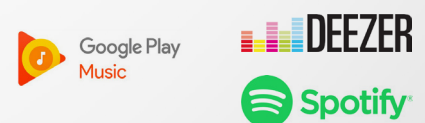
With ZeSport<sup>2</sup>, you can take control of your favorite music player on your Smartphone.



From your iOS device



From your Android device



### HOW TO CONTROL MUSIC

- First launch the music from the player on your phone.
- Play, pause & skip tracks directly from your watch.

The Volume can be adjusted using the digital crown.

## 22. FIND MY PHONE



If you misplace your phone, the Find my phone function will make your phone ring or vibrate so you can easily find it. To enjoy this feature, ensure that your phone and watch are within range (10m).



### HOW TO ENABLE THIS FEATURE

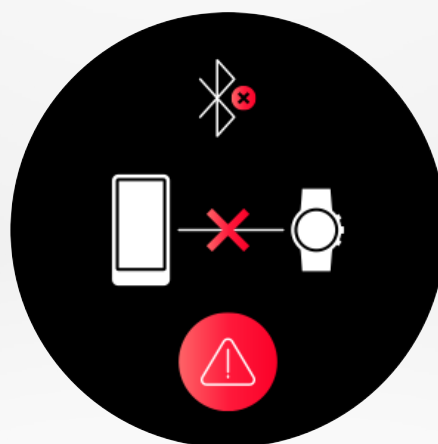
- From the watch shortcuts, tap on the Find my phone widget.
- Click again to disable it.

You can also enable this feature by going in the App menu of your watch. Click on Find my phone.

## 23. ANTI-LOST ALERT



This alert notifies you with a vibration or a sound (depending on your watch settings) when your ZeSport<sup>2</sup> is going out of range (BT range 10m) from your phone. Note that you can turn this function off by disabling the Anti-lost alert in your application's notification menu (Anti-lost alert is OFF by default).



## 24. CUSTOMIZE YOUR WATCH FACE



### I TO CHANGE THE WATCH FACE FROM THE DEVICE

- Long press the current dial on your watch.
- Slide your finger from right to left on the screen to scroll through the different watch faces.
- Select your favorite watch face by tapping on it.

### I TO CHANGE THE WATCH FACE FROM THE APP

- Go to the settings tab of the mobile app.
- Click on watch face.
- Select your preferred watch face and click on save.



## 25. MENU STYLE

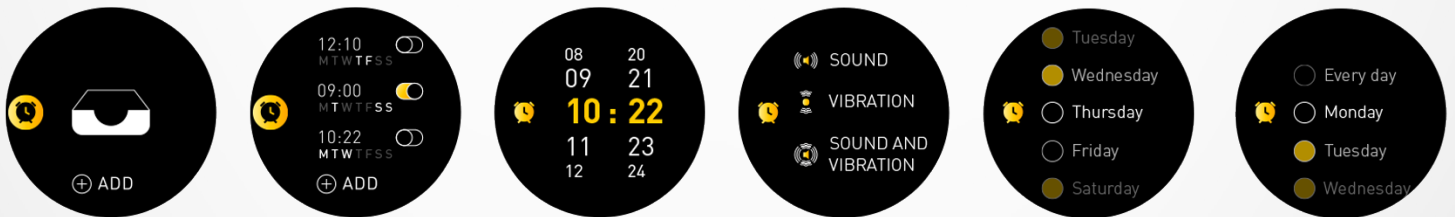
### HOW TO CHANGE THE MENU STYLE OF YOUR WATCH:

Choose your favorite menu style by going into the settings menu of your watch:

- Click on Display menu and Select Menu.
- Select the menu style of your choice.



## 26. ALARM



### HOW TO SET AN ALARM FROM THE WATCH

- Open the Alarm menu.
- Tap on Add.
- Set the alarm time by using the crown.
- Select the type of alert.
- Select the alarm day (or repeat).

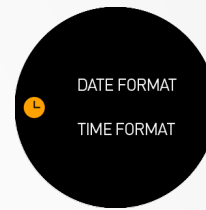
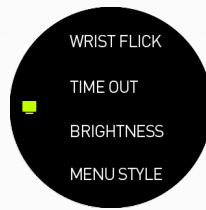
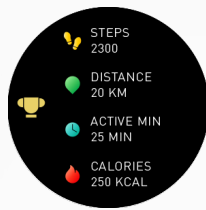
To confirm your selection/settings, press the crown.

To modify a reminder, tap on it and modify it.

To delete a reminder, select and long press the reminder. Confirm the deletion.

### HOW TO SET AN ALARM FROM THE APP

- Open the ZeSport<sup>2</sup> mobile app.
- Click on the reminder tab and select wake up.
- Select the custom repeat or the alarm date/time.
- Select the type of alert.
- Click on save.



## GENERAL

**Language:** set the language displayed on the device

**Units:** select metric or imperial units

**Bluetooth:** enable or disable it

**Regulatory:** watch certification

**Watch Information:** view the firmware version & device serial number



## ACTIVITY

**Heart rate:** set your minimum and maximum heart rate frequency

**Goals:** set your goals



## DISPLAY

**Wrist flick:** enable or disable it

**Brightness:** change the screen brightness

**Screen time out:** set the standby mode

**Menu:** select a menu style



## SOUND

**Do not disturb:** set a time frame when you don't want to be disturbed

**Sound/Vibration:** set the vibration/sound mode

**Snooze:** adjust the snooze time



## TIME

**Date format:** change date format

**Time format:** change time format



## RESET

Push 8 seconds on the upper button to restore your watch

## 28. PRODUCT CARE



To keep your watch in the best condition, please clean your strap and charging area regularly, especially after a sports session or heavy perspiration. Rinse the bracelet only with clear water and dry it with a dry cloth before attaching it around your wrist.

To remove any stains, use a little detergent and rub with a slightly damp cloth or toothbrush. For stubborn stains, do not hesitate to use an eraser.

If you have a light-coloured bracelet, avoid contact with dark coloured clothing.

To obtain accurate data and for better comfort, please do not over tighten the wristband. If you activate heart rate monitoring, we advise you to wear your watch higher on your wrist (2 fingers widths above your wrist bone).

Rubbing and prolonged wearing of the wristband may irritate the skin, so give your wrist a break by removing the band for one hour after prolonged wearing.

Sweat or moisture residues can corrode the charging contacts, especially during charging.

Wipe your watch with a slightly damp cloth. Do not hesitate to use a mild detergent. Let the device dry before wearing it on your wrist.

## 29. REPLACE THE WATCH BAND

ZeSport<sup>2</sup> uses standard 22mm interchangeable watch bands, in order to make it easy for you to perfectly match your watch and your style.

1. Push the spring bar inward to release the strap from the watch case.
2. Push the spring bar inward while aligning it with the holes on either side of the watch case.
3. Release the spring bar to secure the strap.
4. Verify that the strap is correctly fastened by gently tugging on the strap.



## 30. TECH SPECS

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Dimensions:	54.9 x 48 x 14.39 mm
Weight:	74 gr
Material:	Silicone
Watch band size:	22 mm
Connectivity	Bluetooth 4.2 BLE
Battery type:	Li-ion 460 mAh
Battery life:	Up to 4 days (watch mode) GPS mode: 7 - 8 hours
Charging time:	1 - 2 hours
Memory :	ROM: 4MB+128MB / RAM: 4MB
Display type:	TFT SPI Color touchscreen
Display size and resolution:	1.3 inches / 240*240 pixels
Sensors:	6-axis A+G-sensor, optical HR sensor, altimeter, barometer, magnetometer
Operating temperature:	-10°C to + 55°C
Water resistance:	IP68 / 3 ATM
Free Android and iOS app	
Accessories included:	Magnetic charging station
International warranty:	1 year

What's in the box: Charger dock, ZeSport<sup>2</sup>, Get started guide.

## WARNING

■ Connecting the charging cable improperly may cause serious damage to the device. Any damage caused by misuse is not covered by the warranty. Unplug the cable after ZeSport<sup>2</sup> is fully charged.

■ ZeSport<sup>2</sup> unit and charging dock contain strong magnets that may interfere with pacemakers, credit cards, watches and other magnet-sensitive objects. If you use a pacemaker or any other electronic medical device, please consult your physician before wearing or handling ZeSport<sup>2</sup>.

■ This product is not a medical device and should not be used to diagnose or treat any medical condition.

■ This product is in compliance with the IP rating IP68. IP68 indicates that the product is resistant against dust ingress and immersion in water with a depth of more than 1 meter.

■ ZeSport<sup>2</sup> is water resistant up to 30 meters (3 ATM). ZeSport<sup>2</sup> is resistant to water splashes, rain, submersion and showering. ZeSport<sup>2</sup> can be used for shallow water activities like swimming (down to 5m deep) but should not be exposed to water at high pressure, such as ocean waves or a waterfall. ZeSport<sup>2</sup> should not be used for scuba diving and water skiing. Do not expose your ZeSport<sup>2</sup> to soapy water, perfume, detergents, lotions, sunscreen, and high velocity water. Please note that all bands are not appropriate for water use. For example, leather band.

## ABOUT THIS MANUAL

The features of ZeSport<sup>2</sup> and the contents of the user manual are subject to change. To get the latest instructions on how to use this product, please refer to the online user manual available on [www.mykronoz.com](http://www.mykronoz.com)

## SUPPORT

If you have any question or require assistance regarding our product, please visit [www.mykronoz.com/support/](http://www.mykronoz.com/support/) submit a request at <https://support.mykronoz.com/hc/en-us/requests/new>

# SAFETY INSTRUCTIONS

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Before using the device, read these instructions carefully.

## BATTERY

- ZeSport<sup>2</sup> has built-in batteries. Do not disassemble the battery on your own. KRONOZ LLC is not responsible for any damage or personal injury caused by the removal of the battery or any component.
- Do not expose your product to extremely high or low temperatures. Excessive temperature during charging could cause heat, smoke, fire or deformation of the battery or even explosion. Do not expose the battery in the sun, excessive smoke or dust. Charge the battery in a cool, ventilated room.
- Do not open, crush, bend, deform, puncture or shred secondary cells or batteries. In the event of a battery break or leak, prevent battery liquid contact with skin or eyes. If this happens, immediately flush the areas with water (do not rub the eye) or seek medical help.
- Do not short-circuit. Short-circuiting can occur when a metallic object, such as coins, causes direct connection of positive and negative terminals of the battery. Short-circuiting may damage the battery.
- Do not use batteries that have been damaged or have been exhausted.
- Keep the batteries out of children's reach and in a safe place to prevent danger.
- Do not place the batteries in the water. Do not expose your product to water at high pressure, such as ocean waves or waterfall. Do not use your product in a sauna or steam room.
- Do not dispose of batteries in fire as they may cause explosion. Dispose of used batteries in accordance with your local regulations (such as recycling). Do not dispose as household waste.
- Use only the USB cable supplied to charge this battery. Do not charge for more than 24 hours.
- Do not attempt to repair or maintain the watch by yourself, service and maintenance should be performed by authorized technicians.

## CAUTION

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- This device has a recording function. Please be sure to comply with the relevant laws and regulations on the use of these features. In accordance with relevant regulations, without permissions any personal characteristic sound recording being copied and disseminated may be seen as an invasion of privacy. Inappropriate use of photography, video and photo, audio recording function records could violate the copyright owner's right. For this, the user must assume full responsibility. KRONOZ LLC is not responsible for any damage caused by improper use of the device.
- This device is not waterproof. Do not immerse the device in water or any other liquids.

# REGULARY NOTICE

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## USA - FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions : (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## CAUTIONS

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

## FCC NOTICE

This equipment complies within the limits of a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protections against radio and TV interference in residential areas. However, even during normal operation, this equipment may cause TV or radio interference. If the equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try one or more of the following corrective measures:

- Reposition the receiving antenna.
- Increase the distance between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## FCC EXPOSURE - RF EXPOSURE STATEMENTS

This equipment complies with FCC radiation exposure requirement set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance.

## ISED EXPOSURE - RF EXPOSURE STATEMENTS

This device complies with the ISED RSS-102 RF exposure requirement set forth for an uncontrolled environment and are safe for intended operation as described in this manual.

Cet appareil est conforme aux exigences d'exposition RF de l'ISED RSS-102 définies pour un environnement non contrôlé et est sûr pour le fonctionnement prévu comme décrit dans ce manuel.

**FCC ID: 2AA7D-ZSP2**

## CANADA - INDUSTRY CANADA (IC) STATEMENT

This device complies with Industry Canada license-exempt RSSs. Operation is subject to the following two conditions :

(1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil est conforme à la norme CNR d'Industrie Canada applicable aux appareils radio exempts de licence. Son utilisation est soumise aux deux conditions suivantes: (1) cet appareil ne doit pas provoquer d'interférences et (2) cet appareil doit accepter toute interférence, y compris les interférences qui peuvent causer un fonctionnement indésirable du dispositif.

**IC: 12131A-ZSP2**

## EUROPEAN UNION CE DIRECTIVE



Declaration of conformity with regard to the EU Directive 2014/53/EC.  
Kronoz LLC hereby declares that this device is in compliance with the essential requirements and other relevant provisions of the R&TTE Directive 2014/53/EC. The complete declaration of conformity is available on request via our customer service: <https://support.mykronoz.com/hc/en-us/requests/new>

Déclaration de conformité à l'égard de la directive européenne 2014/53/EC  
Kronoz LLC déclare que cet appareil est conforme aux exigences essentielles et aux autres dispositions pertinentes de la directive R&TTE 2014/53/EC. La déclaration de conformité complète est disponible sur demande auprès de notre service client: <https://support.mykronoz.com/hc/en-us/requests/new>

- (1) 使用30 分鐘請休息10 分鐘。
- (2) 未滿2歲幼兒不看螢幕，2歲以上每天看螢幕不要超過1 小時。

依據低功率電波輻射性電機管理辦法

第十二條

※經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

第十四條

※低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。

-前項合法通信，指依電信法規定作業之無線電通信。

-低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

## ACCESS TO THE REQUIRED INFORMATION ON THE E-LABEL

Users can access the E-Label screen on ZeSport<sup>2</sup> by going to Settings > General > Regulatory. No special access codes or permissions are required to go through the above steps beyond entering a user-defined password to protect against unauthorized access to the device. Additional regulatory information are in « Regulatory notices » of this document. The information is stored on the device, no special accessories or supplemental plug-ins (e.g., a SIM/USIM card) are required to access the information.



## DISPOSAL AND RECYCLING INFORMATION



After the implementation of the European Directive 2012/19/EU in the national legal system, the following applies : electrical and electronic devices may not be disposed of with domestic waste. Consumers are obliged by law to return electrical and electronic device at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

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