## Lenovo Legion 7 Intel® Core™ i9 i9-14900HX Laptop 40,6 cm (16") 3.2K 32 GB DDR5-SDRAM 1 TB SSD NVIDIA GeForce RTX 4070 Wi-Fi 6E (802.11ax) Windows 11 Home Wit

Merk: Lenovo Productfamilie: Legion Artikelcode: 83FD00A2MH

**Productnaam: 7** 

Lenovo Legion 7. Type product: Laptop, Vormfactor: Clamshell. Processorfamilie: Intel® Core™ i9, Processormodel: i9-14900HX. Beeldschermdiagonaal: 40,6 cm (16"), HD type: 3.2K, Resolutie: 3200 x 2000 Pixels. Intern geheugen: 32 GB, Intern geheugentype: DDR5-SDRAM. Totale opslagcapaciteit: 1 TB, Opslagmedia: SSD. On-board graphics adapter model: Intel® UHD Graphics, Discreet grafische adapter model: NVIDIA GeForce RTX 4070. Inclusief besturingssysteem: Windows 11 Home. Kleur van het product: Wit





Design		Audio	
Colour name	Glacier White	Built-in microphone	✓
Product type *	Laptop	Number of microphones	2
Product colour * Form factor *	White Clamshell	Camera	
Housing material	Aluminium	Front camera	✓
Market positioning	Gaming	Front camera resolution	1920 x 1080 pixels
Display	- · · · · · ·	Front camera HD type	Full HD
	40.6 (1611)	Privacy camera	✓
Display diagonal * Display resolution *	40.6 cm (16") 3200 x 2000 pixels	Privacy type	Privacy shutter
Touchscreen *	X	Network	
HD type	3.2K	Top Wi-Fi standard *	Wi-Fi 6E (802.11ax)
Panel type	IPS	Wi-Fi standards	Wi-Fi 6E (802.11ax)
LED backlight	<b>✓</b>	Mobile network connection *	×
Native aspect ratio	16:10	Antenna type	2x2
Anti-glare screen	<b>✓</b>	Ethernet LAN	×
Display brightness	430 cd/m <sup>2</sup>	Bluetooth	✓
RGB colour space	DCI-P3	Bluetooth version	5.3
Colour gamut	100%	WWAN	Not installed
Maximum refresh rate	165 Hz	Ports & interfaces	
Contrast ratio (typical)	1200:1	USB 3.2 Gen 1 (3.1 Gen 1) Type-A	2
High Dynamic Range (HDR) supported	<b>✓</b>	ports quantity *	2
High Dynamic Range (HDR) technology	Dolby Vision	USB 3.2 Gen 1 (3.1 Gen 1) Type-C ports quantity *	1
Processor		USB 3.2 Gen 2 (3.1 Gen 2) Type-C ports quantity	1
Processor manufacturer *	Intel	HDMI ports quantity *	1
Processor family *	Intel® Core™ i9	HDMI version	2.1
Processor generation	Intel® Core™ i9 (14th gen)	Thunderbolt 4 ports quantity	1

Processor		Ports & interfaces	
Processor model *	i9-14900HX	Intel® Thunderbolt 4	<b>✓</b>
Processor cores	24	Combo headphone/mic port	✓
Processor threads	32	USB Type-C DisplayPort Alternate	<b>√</b>
Processor boost frequency Performance cores	5.8 GHz	Mode	
Efficient cores	8 16	USB Sleep-and-Charge	
Performance-core Max Turbo		USB Sleep-and-Charge ports	1
Frequency	5.8 GHz	Performance	
Efficient-core Max Turbo Frequency	4.1 GHz	Motherboard chipset	Intel HM770
Performance-core base frequency	2.2 GHz	Hall sensor	✓
Efficient-core base frequency	1.6 GHz	Keyboard	
Processor cache Processor cache type	36 MB Smart Cache	Pointing device	Touchpad
Processor base power	55 W	Keyboard language	English
Maximum turbo power	157 W	Numeric keypad *	<b>✓</b>
Memory		Keyboard backlit	✓
Internal memory *	32 GB	Keyboard backlit colour	RGB
Internal memory type	DDR5-SDRAM	Keyboard backlit zone	Per-key RGB
Memory clock speed	5600 MHz	Software	
Memory form factor	SO-DIMM	Operating system language	German, Dutch, English, French
Memory layout (slots x size)	2 x 16 GB	Operating system installed *	Windows 11 Home
Memory slots	2x SO-DIMM	Bundled software	Office Trial
Maximum internal memory *	32 GB	Battery	
Memory channels	Dual-channel	Battery technology	Lithium Polymer (LiPo)
Storage		Battery capacity *	99.9 Wh
Total storage capacity *	1 TB	Battery life (max)	5.7 h
Storage media *	SSD	Continuous video playback time	8.7 h
Total SSDs capacity	1 TB	Fast charging	•
Number of SSDs installed SSD capacity	1 1 TB	Power	
SSD interface	PCI Express 4.0	AC adapter power	230 W
NVMe	✓	AC adapter frequency	50/60 Hz
SSD form factor	M.2	AC adapter input voltage	100 - 240 V
M.2 SSD size	2280 (22 x 80 mm)	USB Power Delivery (USB PD)	<b>✓</b>
Optical drive type *	×	Security	
Card reader integrated	<b>✓</b>	Fingerprint reader	✓
Compatible memory cards	SD	Trusted Platform Module (TPM)	<b>✓</b>
Graphics		Turrete d Dietferme Medicie (TDM)	
		Trusted Platform Module (TPM)	2.0
Discrete GPU manufacturer	NVIDIA	version	
Discrete GPU manufacturer Discrete graphics card model *	NVIDIA NVIDIA GeForce RTX 4070	version Password protection	•
		version Password protection Password protection type	
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type	NVIDIA GeForce RTX 4070	version Password protection Password protection type Operational conditions	✔ BIOS, Power on, Supervisor
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card *	NVIDIA GeForce RTX 4070 8 GB	version Password protection Password protection type Operational conditions Operating temperature (T-T)	BIOS, Power on, Supervisor  5 - 35 °C
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer	NVIDIA GeForce RTX 4070 8 GB GDDR6 ✓ Intel	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T)	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card *	NVIDIA GeForce RTX 4070 8 GB GDDR6 Intel	version Password protection Password protection type  Operational conditions  Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H)	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family	NVIDIA GeForce RTX 4070 8 GB GDDR6  ✓ Intel  ✓ Intel® UHD Graphics	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H)	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model *	NVIDIA GeForce RTX 4070 8 GB GDDR6  Intel UHD Graphics Intel® UHD Graphics	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC	NVIDIA GeForce RTX 4070 8 GB GDDR6  ✓ Intel  ✓ Intel® UHD Graphics	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude Certificates	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC Audio	NVIDIA GeForce RTX 4070 8 GB GDDR6  ✓ Intel ✓ Intel® UHD Graphics Intel® UHD Graphics ✓	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio chip	NVIDIA GeForce RTX 4070 8 GB GDDR6  ✓ Intel  ✓ Intel® UHD Graphics Intel® UHD Graphics ✓ Realtek ALC3287	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude Certificates	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio chip Audio system	NVIDIA GeForce RTX 4070 8 GB GDDR6  ✓ Intel  ✓ Intel® UHD Graphics Intel® UHD Graphics Intel® ALC3287 Nahimic Audio	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m  RoHS  ErP Lot 3 TÜV Rheinland® Low Blue
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio chip Audio system Number of built-in speakers	NVIDIA GeForce RTX 4070 8 GB GDDR6  Intel  Intel  UHD Graphics Intel® UHD Graphics  Realtek ALC3287 Nahimic Audio 2	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates Certification	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m  RoHS  ErP Lot 3 TÜV Rheinland® Low Blue
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio Audio chip Audio system Number of built-in speakers Speakers manufacturer	NVIDIA GeForce RTX 4070 8 GB GDDR6  Intel  Intel  UHD Graphics Intel® UHD Graphics  Realtek ALC3287 Nahimic Audio 2 Harman Kardon	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates Certification  Weight & dimensions	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m  RoHS  ErP Lot 3 TÜV Rheinland® Low Blue Light (Software Solution)
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio chip Audio system Number of built-in speakers	NVIDIA GeForce RTX 4070 8 GB GDDR6  Intel  Intel  UHD Graphics Intel® UHD Graphics  Realtek ALC3287 Nahimic Audio 2	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates Certification  Weight & dimensions  Width	BIOS, Power on, Supervisor  5 - 35 °C  5 - 43 °C  8 - 95%  5 - 95%  3048 m  RoHS  ErP Lot 3 TÜV Rheinland ® Low Blue Light (Software Solution)
Discrete graphics card model * Discrete graphics card memory Discrete graphics memory type On-board graphics card * On-board GPU manufacturer Discrete graphics card * On-board graphics card family On-board graphics card model * NVIDIA G-SYNC  Audio Audio chip Audio system Number of built-in speakers Speakers manufacturer	NVIDIA GeForce RTX 4070 8 GB GDDR6  Intel  Intel  UHD Graphics Intel® UHD Graphics  Realtek ALC3287 Nahimic Audio 2 Harman Kardon	version Password protection Password protection type  Operational conditions Operating temperature (T-T) Storage temperature (T-T) Operating relative humidity (H-H) Storage relative humidity (H-H) Maximum shipping altitude  Certificates Compliance certificates Certification  Weight & dimensions  Width Depth	BIOS, Power on, Supervisor  5 - 35 °C 5 - 43 °C 8 - 95% 5 - 95% 3048 m  ROHS ErP Lot 3 TÜV Rheinland ® Low Blue Light (Software Solution)  357.7 mm 262.5 mm

Packaging content	
Stylus pen	×
Technical details	
Box contents	Legion Speed Mouse Pad M





198155494222

0198155494222

Disclaimer. The information published here (the "Information") is based on sources that can be considered reliable, typically the manufacturer, but this Information is provided "AS IS" and without guarantee of correctness or completeness. The Information is only indicative and can be changed at any time without notification. No rights can be based on the Information. Suppliers or aggregators of this Information do not accept any liability with regard to the content of (web)pages and other documents, including its Information. The publisher of the Information can not be held liable for the content of 3rd party websites that are linking this Information or are linked to from this Information. You as the User of the Information are solely responsible for the choice and usage of this Information. You are not entitled to transfer, copy or otherwise multiply or distribute the Information. You are obliged to follow the directions of the copyright owner(s) with regard to the use of the Information. Exclusively Dutch law is applicable. With regard to price and stock data on the site, the publisher followed a number of starting points, which are not necessarily relevant for your private or business circumstances. Therefore, the price and stock data are only indicative and are subject to changes. You are personally responsible for the way you use and apply this information. As a user of the Information or sites or documents in which this Information is included, you will adhere to standard fair use including avoidance of spamming, ripping, intellectual-property violations, privacy violations, and any other illegal activity.